Lifeline
Harbour to Hawkesbury
Sydney

# LIFELINE CRISIS SUPPORTER WORKPLACE TRAINING (CSWT)

## Training Calendar Course 3, starting August 2025

| Date | Day | Time | Topic | Title |
|---|---|---|---|---|
| **BLENDED LEARNING** | | **STAGE 1** | | |
| Group training plus 3 hours of independent e-learning each week | | | | |
| 12 Aug | Tue | 6.30pm – 9.30pm | 0 | Orientation |
| 19 Aug | Tue | 6.30pm – 9.30pm | 1 | Foundational Knowledge |
| 26 Aug | Tue | 6.30pm – 9.30pm | 2 | Microskills and Self Awareness |
| 2 Sep | Tue | 6.30pm – 9.30pm | 3 | Microskills and Supervision |
| 9 Sep | Tue | 6.30pm – 9.30pm | 4 | Lifeline Practice Framework<br>CARE – Connect, Attend, Reaffirm, Empower |
| 16 Sep | Tue | 6.30pm - 9.30pm | 4a | Lifeline Practice Framework (no elearning)<br>CARE – Connect, Attend, Reaffirm, Empower |
| 20 Sep | **Sat** | 9.30 – 12.30pm &<br>1.30 - 4.30pm | 5 | Introduction to Suicide (no elearning) |
| 30 Sep | Tue | 6.30pm - 9.30pm | 6 | Suicide Crisis Support |
| 7 Oct | Tue | 6.30pm – 9.30pm | 7 | Safety Issues **on Zoom** |
| 14 Oct | Tue | 6.30pm - 9.30pm | 8 | Understanding differences |
| 21 Oct | Tue | 6.30pm-9.30pm | 9 | Putting it all together |
| 28 Oct | Tue | 6.30pm - 9.30pm | 10 | Skills Practice **on Zoom** (no-elearning) |
| 29 Oct to<br>7 Nov | Various<br>days/times | 2 hrs between<br>9am – 9pm | GA | Gateway Assessment 1, 2 and 3 **on zoom** |
| 11Nov | Tue | 6.30pm -9.30pm | C/I | Celebration/ Intro to Stage 2 |
| **Student Placement** | | **STAGE 2** | | **By invitation** |
| Supervised/mentored shifts | | | | |
| Various dates: (between 4/11 and 4/1)<br>16 hrs over a Maximum 2 months | | | | Supervised/supported/assessed telephone training shifts, minimum 4 x 4 hour shifts |
| TBC - 2 hour evening workshop in Nov or Dec | | | | Student Mid Placement Group Supervision Workshop |
| **Internship** | | **STAGE 3** | | **By invitation** |
| Independent shifts | | | | |
| Minimum 82 hours over 7 months<br>(from Jan 2026 onwards) | | | | Internship includes fortnightly 4 hour independent shifts, along with professional development (including elearning modules and a 2 hour Masterclass workshop), regular group supervision, and ongoing assessments that lead to accreditation. |